



DRAGUIGNAN

812 AV GENERAL DE GAULLE

04 94 39 69 84

LE PLANNING

	LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI
09h30	LEBODILLE BODYPUMP	C.A.F.	LEBODILLE RPM	FULL BODY	BODY SCULPT	CROSS TRAINING
10h30	ACRO STRETCH		ABDO FLASH			
12h30	BODY SCULPT	LEBODILLE RPM	LEBODILLE BODYCOMBAT	LEBODILLE BODYPUMP	A800 STRETCHING	
17h30	LEBODILLE BODYCOMBAT	LEBODILLE BODYPUMP	ZUMBA	LEBODILLE RPM	PILATES STRETCHING	
18h30	BODY SCULPT	LEBODILLE BODYATTACK	C.A.F.	LEBODILLE BODYPUMP	SH'BAM	
19h30	LEBODILLE RPM	LEBODILLE SH'BAM	A800 STRETCHING	LEBODILLE BODYATTACK	LEBODILLE RPM	